

2019 Christian Reading Assignment

In addition to the novel assignment given by the English Department, 8th-12th grade CA students will also be required to complete a Christian Reading selection and assignment. The selections have been carefully chosen and keep with the heart of Cathedral Academy to educate students - body, soul and spirit.

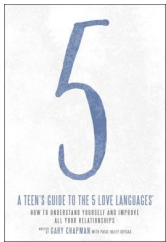
Assignment:

After reading the assigned book, students are to write a one-page (minimum) paper discussing their **three biggest takeaways** from the book and **how they plan to implement these concepts in their everyday life.**

Papers are to be **formatted** in the same manner as students' English assignments. (typed, double-spaced, 1' margins, proper heading)

All papers are to due the first day of school and should be submitted to the appropriate Bible teacher.

If you wish to **email the assignment**, please use the email address listed with each selection.



Rising 8th Grade Guys & Girls

Title: A Teen's Guide to the 5 Love Languages: How to Understand Yourself and Improve All Your Relationships

Author: Dr. Gary Chapman

Bible Teacher: Mr. Waters -- stephen.waters@cathedralemail.com

The secret to great relationships—just for teens

#1 *New York Times* bestselling book *The 5 Love Languages*® has sold over 10 million copies, helping countless relationships thrive. Simply put, it works. But do the five love languages work for teens, for their relationships with parents, siblings, friends, teachers, coaches, and significant others? Yes!

Introducing *A Teen's Guide to the 5 Love Languages*, the first-ever edition written just to teens, *for* teens, and with a teen's world in mind. It guides emerging adults in discovering and understanding their own love languages as well as how to best express love to others.

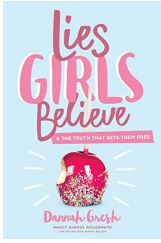
This highly practical book will help teens answer questions like:

- What motivates and inspires me?
- What does it mean to be a caring friend?
- What communicates love to my family?
- What is the best way to get along with the opposite sex?

Features include:

- A straight-forward overview of the 5 Love Languages
- A profile/assessment instrument specifically geared to teens
- Practical examples/tips for how to apply each language in a teen's context
- Graphics that drive home key concepts

Teens' relationships matter, and these simple ideas will help them thrive.



Rising 9th-12th Grade GIRLS

Title: Lies Girls Believe: And the Truth that Sets Them Free

Author: Dana Gresh

Bible Teachers: 9th Grade -- Mr. Waters -- stephen.waters@cathedralemail.com

10th Grade -- Mrs. Ricsha -- ricsha.kinard@cathedralemail.com

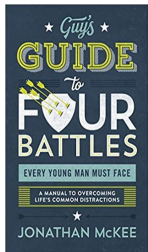
11th Grade -- Dr. McCutcheon -- gary.mccutcheon@cathedralemail.com

12th Grade -- Mrs. Ricsha -- ricsha.kinard@cathedralemail.com

You can't change the world, but you can prepare her for it.

Today's girls face a number of challenges we never dealt with at their age. From skyrocketing anxiety rates to bullying on social media, the Enemy's lies are everywhere. How do you help girls walk in freedom? Equip them with Truth. Dannah Gresh, author of *Secret Keeper Girl* and *Lies Young Women Believe* (coauthored with Nancy DeMoss Wolgemuth) brings you *Lies Girls Believe*. This fun, easy-to-read book engages girls in the twenty most important truths she needs. She'll help solve problems using fun sidebars and it's packed with wisdom, quizzes, games, exploded quotes, and graphics to help her absorb the message. Girls will be prepared for the difficult challenges she'll face in the world today with sections addressing:

Lies about **God**...Lies about **Friendship**...Lies about the **Future**...Lies about **Myself**...Lies about **Boys**...*And more!*



Rising 9th - Rising 12th Grade GUYS

Title: The Guy's Guide to Four Battles Every Young Man Must Face: A Manual to Overcome Life's Common Distractions

Author: Jonathan McKee.

Bible Teachers: 9th Grade -- Mr. Waters -- stephen.waters@cathedralemail.com

10th Grade -- Mrs. Ricsha -- ricsha.kinard@cathedralemail.com

11th Grade -- Dr. McCutcheon -- gary.mccutcheon@cathedralemail.com

12th Grade -- Mrs. Ricsha -- ricsha.kinard@cathedralemail.com

Honestly? . . .

"Why wait for something when I can enjoy it now?"

"These images don't really affect me. . .do they?"

"How could smoking a little weed really be that bad when it's becoming legalized everywhere?"

"I'd like to tell you I don't care what others think, but honestly, I want to be liked."

Maybe you're thinking, *"I've had one. . .maybe even a few of these thoughts, and I don't know how to even begin to deal with them."*

The good news? You're not alone. And there is a way to fight these battles head-on, overcoming the past, pressing forward, and becoming the person God designed you to be.

So what's a guy to do? . . .

Join youth culture expert and author of the popular Guy's Guide to God, Girls, and the Phone in Your Pocket, Jonathan McKee, as he gets real about the four common battles every young man will encounter in his life:

- 1: Sexual Temptation
- 2: Screens
- 3: Controlled Substances
- 4: Self-Esteem

With humor and honesty, McKee offers up practical, spiritual advice filled with real-world application helping you face today's distractions.